



AVIT
AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY



VINAYAKA MISSION'S
RESEARCH FOUNDATION



ACCREDITED BY NAAC



APPROVED BY AICTE



RECOGNIZED BY DSIR

SURYA NAMASKAR

As per Instructions from National Service Scheme Regional Directorate, NSS UNIT of AVIT (ISR) (A Constituent College of Vinayaka Missions Research Foundation Deemed to be University) Organised*Surya namaskar* Programme for Students, Teachers and their family members on Friday, 14th Jan 2022, Makarsakranti Our Teaching & Non-Teaching Faculties, UG & PG Student's, CRRI to Perform 13 Rounds of Surya Namaskar with family at their Homes according.

