

## **FIT INDIA FREEDOM RUN 2.0**

## (75<sup>th</sup> INDEPENDENCE DAY CELEBRATIONS)

As per the instruction of the University Grand Commission(UGC) and NSS Regional Directorate, Chennai, Tamil Nadu , NSS Unit of AVIT (ISR ) jointly With Physical Education Department , has Organized the Fit India Freedom Run 2.0 as part of celebration of \*Azadi ka Amrit Mahotsav-India@75 Rally at Mamallpuram Bye Pass on 21.10.2021. This campaign aims to motivate citizens to make a resolution to do a physical activity of at least 30 minutes daily in their lives. In this \*Fit India Freedom Run 2.0 event was inaugurated by K.Jegatheeswaran Deputy Superintendent of Police, Mamallapuram. Dr.G.Selvakumar Principal, AVIT, DrS.P.Sangeetha vice Principal (Academics) & ISR Programme Director &Professor L.Prabhu vice Principal (Admin) Presided the event and addressed the students. The Rally started from Mamallapuram Bypass to Five Rathas and end with Arjuna Dabas. Nearly 45 students were actively participated . This Event was organized by NSS Programme Officer K.Surendrababu & Dr.B.Prabasheela, Dr. P.Muthukumar P.ED & V.Padmanabhan PRO, AVIT.





























Unnamed Road, Tamil Nadu 603104, India

Latitude 12.6568756°

Local 10:18:21 AM GMT 04:48:21 AM

Longitude 80.1794477°

Altitude -56.4 meters Thursday, 21-10-2021

Note : AVIT-National service scheme

AVIT-NSS-PHYSICAL EDUCATION



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