



REPORT ON

7TH INTERNATIONAL YOGA CONFERENCES AND YOGA DAY 2021

The Department of Training and Placement in collaboration with the Department of Yoga & AVIT NSS Units jointly conducted 7th International Online Yoga Conference from 18.06.2021 to 21.06.2021. The inauguration was preceded with the welcome address by Dr. M. Lakshminathan, Head- Centre for Industry Relations, VMRF. The program was presided by Mr. Syed Mohammed, Director International Relations followed by presidential address by Dr. G. Selvakumar, Principal AVIT. The Speakers are Dr. R. Elangovan, faculty of Yoga Sciences & Therapy, MAHER, Dr. Mani Saravanan Yoga Master, Los Angeles, California, USA, Yoga Kalaimamani S. Iyappan Founder, AndiappanYogalayam, Sri Lara Abiesheikh- Founder & Director of Vineyoga Healing center, Dr. Karthikeyan- Associate Professor, AMBO University, Ethiopia and Dr. S. T Venkateswaran Professor & Head Department of Yoga Government of Yoga and Naturopathy MCH, Chennai.

This conference focused on importance of yoga for a healthy life during the pandemic situation. The speakers insisted to focus on the food, Yoga and daily routine to keep a healthy lifestyle. There were about 1000 participants from all over the globe.

The Valedictory program was attended by ISR Cell Program Director, Dr. S.P. Sangeetha, NSS Programme Officer Prof K. Surendrababu & Dr. B. Prabasheela and 50 NSS Volunteers. Special thanks note was given by the co-coordinators Dr. M. Lakshminathan Head- Centre for Industry Relations, VMRF, Sri Yogi K. Duraipandi, Yoga Master, AVIT, Yoga and Naturopathy Therapist, Prof. Udhayaganga Founder & CEO- UDHAYOGA.

VINAYAKA MISSIONS RESEARCH FOUNDATION
AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY

7th International Online
Yoga Conference 2021

Department of Yoga
in association with National Service Scheme
and

zoom
Meeting ID: 836 0386 1766
Password: VMRF2021

20th June, 2021
5 PM IST

Chief Guest



Yoga Kalamamani
Sri Yogi. M.Sudhakar
Founder, The Classical Art & Yoga Academy

Presided by

Mr. Syed Mohammed A
Director - International Relations
VMRF-DU

Dr. G. Selvakumar
Principal
AVIT

Co-Ordinators

Dr.M.Lakshmi Mohan
Head - C&E
AV Group of Institutions

Sri Yogi K.Durai pandi
Yoga Master, AVIT
Yoga & Neurosciences Therapist

Prof.Udhayaganga
Founder A.C.R. LEONARDO

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