



EVE CREA

Vol.06 | | Issue 1

MESSAGE FROM HONORABLE MADAM CHANCELLOR



Dr ANURADHA GANESAN



DEAR WOMEN OF OUR VMRF COMMUNITY,

ON INTERNATIONAL WOMEN'S DAY, I WANT TO EXTEND MY HEARTFELT APPRECIATION FOR YOUR INVALUABLE CONTRIBUTIONS.

PRIME MINISTER MODI'S EMPHASIS ON "NARI SHAKTHI" HIGHLIGHTS THE PIVOTAL ROLE OF WOMEN IN OUR NATION'S PROGRESS. "WHEN WOMEN PROSPER, THE WORLD PROSPERS", THE PRIME MINISTER REMARKED AS HE NOTED THAT THEIR ECONOMIC EMPOWERMENT FUELS GROWTH AND THEIR ACCESS TO EDUCATION DRIVES GLOBAL PROGRESS AT THIS YEAR'S G20 MINISTERIAL CONFERENCE ON WOMEN EMPOWERMENT HELD IN GANDHINAGAR.

PRIME MINISTER MODI ALSO HIGHLIGHTED THAT SINCE 2014, THE NUMBER OF WOMEN IN TECHNICAL EDUCATION IN INDUSTRIAL TRAINING INSTITUTES HAS DOUBLED. MOREOVER, NEARLY 43 PERCENT OF STEM GRADUATES IN INDIA ARE WOMEN, AND ONE-FOURTH OF SPACE SCIENTISTS IN INDIA ARE WOMEN, CONTRIBUTING SIGNIFICANTLY TO FLAGSHIP PROGRAMS LIKE CHANDRAYAAN, GAGANYAAN, AND MISSION MARS. IT'S INSPIRING TO NOTE THAT MORE WOMEN ARE ENROLLING IN HIGHER EDUCATION THAN MEN IN INDIA, AND OUR NATION BOASTS ONE OF THE HIGHEST PERCENTAGES OF FEMALE PILOTS IN CIVIL AVIATION. THESE ACHIEVEMENTS UNDERSCORE THE IMMENSE TALENT AND DEDICATION OF WOMEN, DRIVING PROGRESS AND INNOVATION IN EVERY SPHERES.

AS WE CELEBRATE THE ACHIEVEMENTS OF WOMEN LIKE INDIA'S PRESIDENT SMT. DROUPADI MURMU, WE ARE REMINDED OF THE IMMENSE POTENTIAL AND POWER OF WOMEN TO SHAPE A BRIGHTER FUTURE FOR ALL.

DESPITE HAILING FROM A HUMBLE TRIBAL BACKGROUND, INDIA'S PRESIDENT SMT. DROUPADI MURMU LEADS THE WORLD'S LARGEST DEMOCRACY AND HOLDS THE ESTEEMED POSITION OF COMMANDER-IN-CHIEF OF THE WORLD'S SECOND-LARGEST DEFENSE FORCE. HER REMARKABLE JOURNEY EXEMPLIFIES THE POWER OF DETERMINATION AND LEADERSHIP, INSPIRING COUNTLESS INDIVIDUALS ACROSS THE NATION.

FURTHERMORE, THE UN'S THEME OF "INVEST IN WOMEN: ACCELERATE PROGRESS" ALIGNS PERFECTLY WITH OUR RECOGNITION OF THE INVALUABLE IMPACT WOMEN MAKE IN DRIVING POSITIVE CHANGE AND FOSTERING INCLUSIVITY.

ON THIS INTERNATIONAL WOMEN'S DAY, I EXTEND MY WARMEST WISHES TO ALL THE INSPIRING WOMEN OF OUR ORGANISATION. LET'S CONTINUE TO CELEBRATE YOUR STRENGTH AND ACHIEVEMENTS TOGETHER.

WARM REGARDS,
DR ANURADHA GANESAN

Convener Message

As we celebrate International Women's Day 2024 with the theme "Invest in Women: Accelerate Progress," it's essential to emphasize that empowering women entails more than merely assigning them roles; they must be empowered to exercise authority and influence. Investing in women or empowering women isn't just about giving them a seat at the table; it's about ensuring they have the power to lead the conversation and shape the outcome. When women are given equal access to education, healthcare, and economic opportunities, they become catalysts for change, driving innovation, economic growth, and poverty reduction. By supporting initiatives that empower women entrepreneurs, leaders, and changemakers, we establish a foundation for a more prosperous and sustainable future for all.

Empowering women goes beyond superficial inclusion; it involves ensuring their voices are not only heard but also respected and acted upon. By empowering women to make decisions and influence outcomes, we empower entire communities and societies to thrive.

However, a significant barrier to gender equality is the reluctance of some men to invest in women. This reluctance often stems from entrenched societal norms and biases that perpetuate traditional gender roles, leading to doubts about women's capabilities. To overcome this, we must highlight the achievements of women leaders and entrepreneurs and promote diversity and inclusion in workplaces and partnerships. Challenging traditional gender norms and fostering equitable relationships are crucial steps toward creating an environment where everyone can thrive.

The time for action is now. By accelerating our efforts to invest in women and girls, we can drive progress across all areas of development. Let's reaffirm our commitment to empowering women as a pathway to a brighter, more inclusive future for all. Together, let's harness the power of women's leadership and innovation to accelerate progress towards gender equality and create a world where every woman and girl can exercise their full potential.

Dr.S.P.Sangeetha
VP-Academics
Convener- WEC

-WOMEN EMPOWERMENT CELL -



Women Empowerment Cell (WEC) is formulated in our Institution to empower our lady faculty and girl students to help them understand and respond suitably to the issues pertaining to women. It is a cell made more responsive and gender sensitive to women's needs and to eliminate discrimination and all forms of violence against women. A sense of community spirit is created that allows women to face these challenges as a team rather than individually.

The goal of Women's Empowerment is to bring about the advancement, development and empowerment of women. WEC puts efforts to integrate gender equality and women's empowerment into democratic governance, crisis prevention and recovery, and environment and sustainable development. It also encourages women to find practical solutions to their challenges so that each one becomes self-reliant in their own right.

Ever since the inception of the committee, WEC, as a team has been striving to promote awareness among girl students and educate them on gender-specific issues in the areas such as health, legal, career and society

- OBJECTIVES -



- Identification of strong leaders and changed makers and building their capacity. To promote a culture of respect and equality for female gender.**
- The provision of opportunities and programs for women to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right. Periodically organize skill development courses for faculty, students and rural woman. To inculcate entrepreneurial attitude among young minds.**

Above all, ensures a secure and progressive learning environment for the girl students.

Women Empowerment Team

Strength of Vinayaka Mission's -Chennai Campus



S. No.	Name	Designation
1.	Dr. S.P.Sangeetha.	Coordinator
2.	Dr. Jennifer G. joseph.	Co-Cordinator
3.	Dr. B. Prabasheela,	Member
4.	Dr.Sheela Mary, MBA	Member
5.	Mrs. Padmaragam, SAS	Member
6.	Dr. R.Mohanapriya, ECE	Member
7.	Mrs. M. Subathra, Biotech	Member
8.	Dr.R. Nagalakshmi, Chemistry	Member
9.	Mrs. S. Leelavathy, CSE	Member
10.	Mrs.P. Subathra Civil	Member
11.	Dr.Kavitha Kumari, EEE	Member
12.	Dr.S.Sangeetha, Mechanical	Member
13.	Mrs. Adhilakshmi,Admin	Member

Glimpses of Women Day Celebrations 2022-23



International Women's Day - 2023

📅 08-03-2023, Wednesday 🕒 10.30 a.m.

📍 Bharatiya Vidya Bhavan, Chennai Kendra, P.B No: 2946,
New No: 18, 20 & 22, East Mada Street, Mylapore, Chennai - 600 004.

Presided by

Dr. A.S. Ganesan
Honourable Chancellor
VMRF

and

Dr. Anuradha Ganesan
Honourable Madam Chancellor
VMRF

Chief Guest

Dr. S. Ani Grace Kalaimathi
Registrar, TNNMC, Chennai

Special Address

Mr. J. Suresh Samuel
Member, Board of Management,

VMRF Women of Excellence 2023 Awardees



Women Empowerment cell Activities 2023-2024

1. AXE DEO-Personal Hygiene for Boy's

The program 'Personal Hygiene for Boys' held on 28/3/2023 was organized by GSC and WEC exclusively for boys' with the goal to promote personal grooming for overall confidence building and personality Enhancement.

2. Impact of Polycystic Ovary Syndrome on you

Women Empowerment Cell (WEC) of Vinayaka Mission's Chennai campus organized a seminar on "Impact of Polycystic Ovary Syndrome on you" on 12th September 2023. The wellness of women health was focused and this stood as a huge eye opener.



3. Sexual harassment and Gender Issues

The Awareness Session on "Sexual harassment and Gender Issues" was organized by the Internal Complaints Committee on 14.09.2023. This paved way for the girls to explore the law for women society.



Women's day competition 2023-24

Who Am I – For Girl Students



- Girl students of all the institutions – AVIT, SAS, SAHS and VMLS enthusiastically participated in the competition and showcased their talent.



Celebrating myself – Female faculty



- The female faculty members of Vinayaka Mission's Chennai campus celebrated their own self by exhibiting their inbuilt talents.

Regard Before discard – For Girl students



- The girl students utilized the waste and converted them into beautiful and reusable decorative items, consumables, table needs, etc aiming at sustainable environment by incorporating their creative skills.

Video contest – Most inspiring women – Faculty members

- The waste was utilized by the girl student and converted them into beautiful and reusable decorative items, consumables, table needs, etc aiming at sustainable environment by incorporating their creative skills.

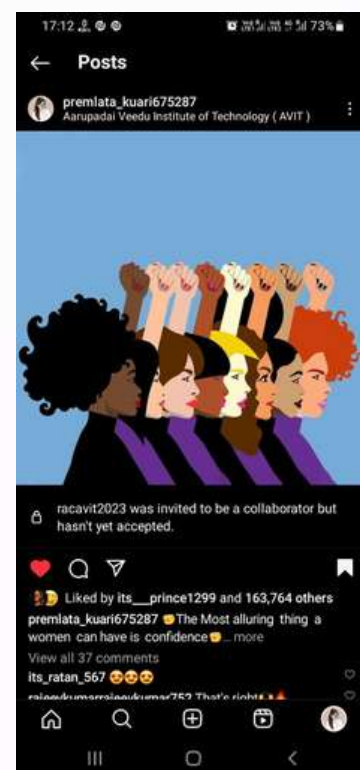


Role play Competition by female faculty

- Many teams Participated enthusiastically and brought out themes related to women and technology , perception modern women etc



Social media Challenge



- A sharing likes contest in Instagram for students related to the given theme



A team of dedicated lady faculty at Vinayaka Mission's Chennai campus





A team of dedicated lady faculty at Vinayaka Mission's Chennai campus





Dr. Ms. Giri Rengasamy
Dean-CSR



Dr. S.P. Sangeetha
VP-Academics
Convener- WEC



Dr. L. Chitra
Associate professor and Head
Department of EEE



Dr. L.K. Hema
Professor & Head
Dept of ECE Biomedical engineering



Dr. Jennifer G Joseph
HOD- H&S,
Co convener - WEC



Dr. A. Nirmala
Associate professor and Head
Department of Biotechnology



Dr. B. Prabasheela
Prof & Head
Dept of pharmaceutical Engineering



Dr. D. Shanthi Revathi
Head and Associate Professor
Department of BBA



Dr. P. JAYABHARATHI,
Deputy Director (Admin)
SAS



Dr. S. S. Saranya
Head & Associate Professor
Department of English



Dr. Fowmina
Assistant Dean - Inclusivity
VMLS



Ms. Gunjan Saxena
Assistant Dean,
Outreach and Communications- VMLS

WOMEN HEADS

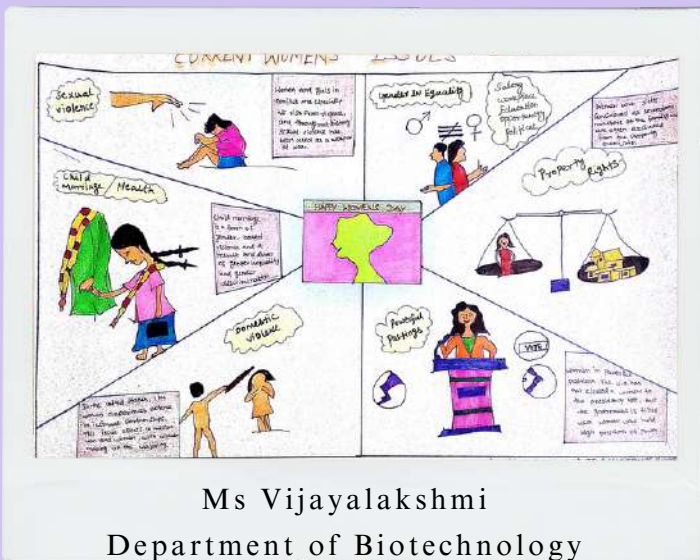
FACULTY CORNER



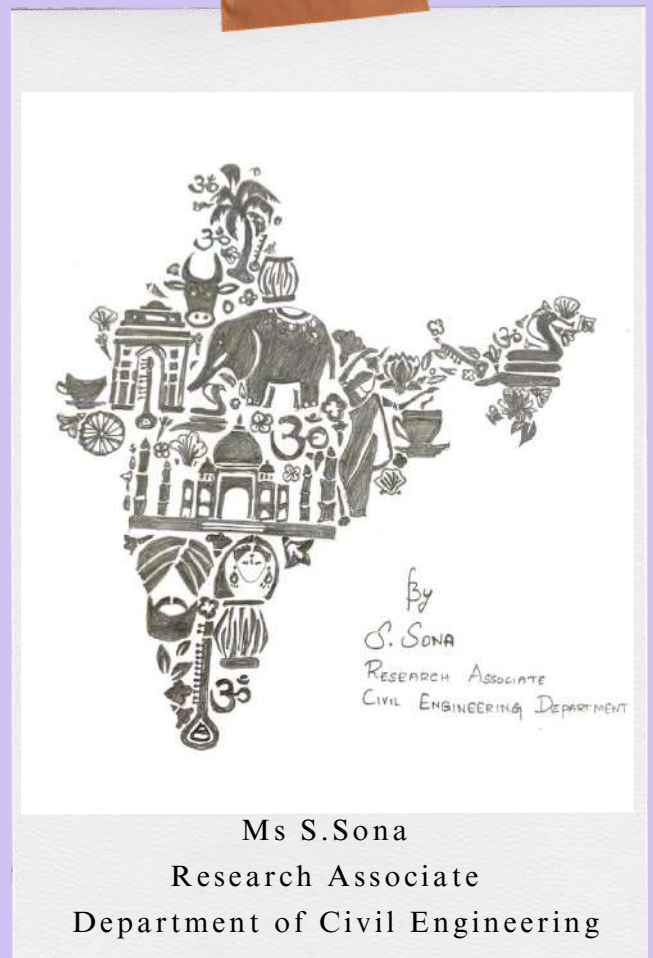
Ms N. Banu
School of Allied Health and Science



Ms N. Banu
School of Allied Health and Science



Ms Vijayalakshmi
Department of Biotechnology



Ms S. Sona
Research Associate
Department of Civil Engineering



FACULTY CORNER



Dr Jenifier G Joseph
Professor & Head
Department of H&S
AVIT



Mrs SHARMILA JANE
DEPARTMENT OF H&S
AVIT



Certificate in recognition of her contribution...

Every woman whether high born or low born, educated or illiterate, young or old, working professional or home maker/care giver, plays a vital role in the lives of people around her. The people around her, is it just her family? No. One can encompass the whole society under 'People around her'. Let's start the check list with the most obvious, her family as in children, husband, in laws, cousins, niece, nephews, uncles and aunts and the number of people in this network is dynamic. She is the representative of the family in each and every occasion and should be cautious about her rapport with everyone so as not to damage the image of the family. Therefore, needs to be 'Sanskari Bahu' or 'Nalla Marumagal'.

Let us take the external network and identities she has to or needs to take on. As a bread winner of the family or as the financial supportive assert of the family, what she earns outside the home plays a vital role in the welfare and the growth of the family. She might be a contract laborer, or a full time employee: a teacher, a business woman, an entrepreneur, or software professional, a doctor or even an IPS officer, never can she have an identity based on her professional. She is always the property owned by a father, or a husband or a son.

It is understood that employers are more willing to employ women, as they are cheaper, very sincere, proactive, time conscious, usually never says no to any job and committed to their work. And on certain days in a year, we celebrate her perseverance, strength, never say die attitude and tolerance by celebrating Mother's Day, Women's Day etc. On these days every Tom, Dick and Harry will climb out of there before hidden holes and sentimentally claim with beautiful posts 'I LOVE MY MOM', 'My wife is a strong woman' and 'Nari Shakthi'. Of course, no trace of them can be found the very next day in social media. A woman would accept with a smile all these complements with the sad fact that it is momentary.

A woman is expected to come home and not reveal the stress she had at work and to keep the stress at home in heart and serve dinner with a smile on her face. Home related work is not considered as labor. She is supposed to come home in the evening and continue working for the family with the same energy as she had in the morning and the fact that she had already toiled for 8 hours in a work place and then travelled home through heavy traffic is not at all considered. Here comes the most important question:

What proof or certificate does she get for all the stress, toil, hard work, sacrifices she has done for decades together?

Answer: Blood Test Report Certificate

A blood test report is the only proof she has. After 40 years of age, it is recommended to do blood test for health reasons. However, the sad reality is that many women are too overloaded to take time to do a blood test or in some cases, they fear to do a blood test knowing well the scary results that will pop out with a big 'SURPRISE'. The blood certificate with values shooting all over the place like low hemoglobin levels due to lack of proper diet, BP and sugar shooting up as a result of stress and irregular eating habits, liver problem, kidney issues, heart problems, early greys, onset of early menopause and the list goes on. You name the problem and it is there on the report. This is the only certificate of testament for life long sincere dedication and contribution to family and society at large she will receive. In conclusion, the sad truth is that this does not deter her from her chosen path of life, and neither does it change the demand of family and society on her

A line of thought from Jennifer, Prof & Head, H&S, AVIT

An interesting view – Books/novelsname with written authors

“Letters from a Father to her Daughter” (Jawaharlal Nehru)

“By God’s Decree” (Kapil Dev) “Beginning of the Beginning” (Bhagwan Shri Rajneesh) in “The Golden Gate” (Vikram Seth) and in the “Clear Light of Day” (Anita Desai) a “Crescent Moon”(Rabindranath Tagore) and also “The Bread, Beauty and Revolution” (Khwaja Ahmad Abbas) was created. “Her name is Woman” (Gien Karssen).

You are a “Guide” (R.K. Narayan), “Gitanjali” (Rabindranath Tagore), and “Golden Threshold” (Sarojini Naidu) for all, You plays a role in “Making India Awesome” (Chetan Bhagat) and also a “Dynamics of “Social Change” in Modern India” (Chandra Shekhar) (M.N. Srinivas) . In your heart, you are a “Red Earth and Pouring Rain” (Vikram Chandra) but in your mind, you are a “Faces of Everest”(Major H.P.S. Ahluwalia), “Eternal Himalayas” (Sunita Pant Bansal) and “Circle of Silence” (Preeti Singh).

In a problem, you will be “A Bend in the River” (V.S. Naipaul) to “A Brush with Life” (Satish Gujral) in others.

You are not a “Broken Wings” (Sarojini Naidu) and don’t have “Border and Boundaries” (Ritu Menon & Kamla Bhasin) rather “Conquest of Self” (Mahatma Gandhi).

Basically, you are “A Call to Honour” (Jaswant Singh) and ultimately called as a “Wings of Fire” (A. P. J. Abdul Kalam). Your fame continues and “No more words” (Lonsdale, Kerry) to express your sacrifices.

by –
Dr. VAIDEVI.C,
Associate Professor,
Civil Engg.

Most Inspiring Women – Mother Teresa – Servant Leader

On August 26 1910, Mother Teresa was born in Skopje, Macedonia, and came to India at the age of 18 after becoming a nun. She decided to live the rest of her life as a nun. Mother Teresa is known to the entire world for the kind of humane person she was and for her selfless attitude towards needy and helpless people.

Mother Teresa was the founder of the Order of the Missionaries of Charity, a Roman Catholic congregation of women dedicated to helping the poor. Mother Teresa and her helpers built homes for orphans, nursing homes for lepers and hospices for the terminally ill in Calcutta. Mother Teresa's organization also engaged in aid work in other parts of the world. Considered one of the 20th Century's greatest humanitarians, she was canonized as “Saint Teresa of Calcutta” in 2016

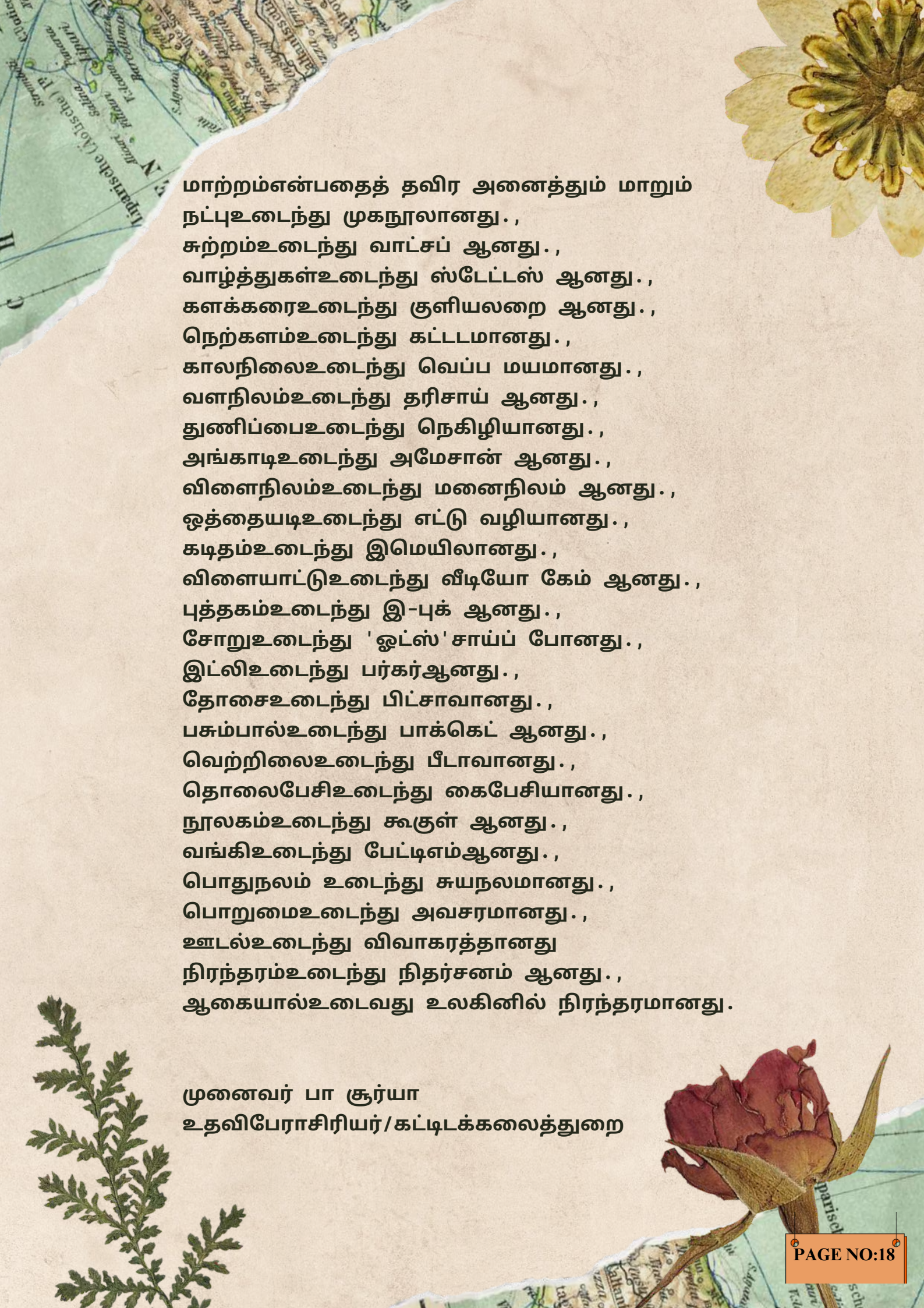
Mother Teresa was caring, especially for the poor, sick and need. She was respectful, treating everyone she encountered with dignity. The two important qualities of Mother Teresa were to respect the people of the earth and to care each other in the society. She is the most famous and hardworking lady. One of Mother Teresa's great strengths was her relentless focus on the core mission of her organization – “Helping the poorest of the poor”.

For Mother Teresa, God was always simply reaching out, not just in our failings. And she did not see herself as “doing great things.” Indeed, one of her favorite sayings was “There are no great things, only small things with great love” And there’s where one will find happiness. “Mother Teresa is a wonderful example of a servant leader,” says Franz. “She never set out to be famous, yet her humbleness and faithfulness were so profound that people couldn't stop talking about them.”

Mother Teresa has been awarded more than 120 different accolades and awards, some during her lifetime and others after. The Padma Shri in 1962, The Ramon Magsaysay Peace Prize in 1962, the Jawaharlal Nehru Award for International Understanding in 1969, the Pope John XXIII Peace Prize in 1971, the Pacem in Terris Award in 1976 and in 1979, the Nobel Peace Prize "for work undertaken in the struggle to overcome poverty and distress, which also constitutes a threat to peace". Mother Teresa was a unique individual that stood out of the crowd because of her involvement in helping the sick, poor and dying. Like Mother Teresa we all should strive to be Charitable, Unselfish and Courageous.

by

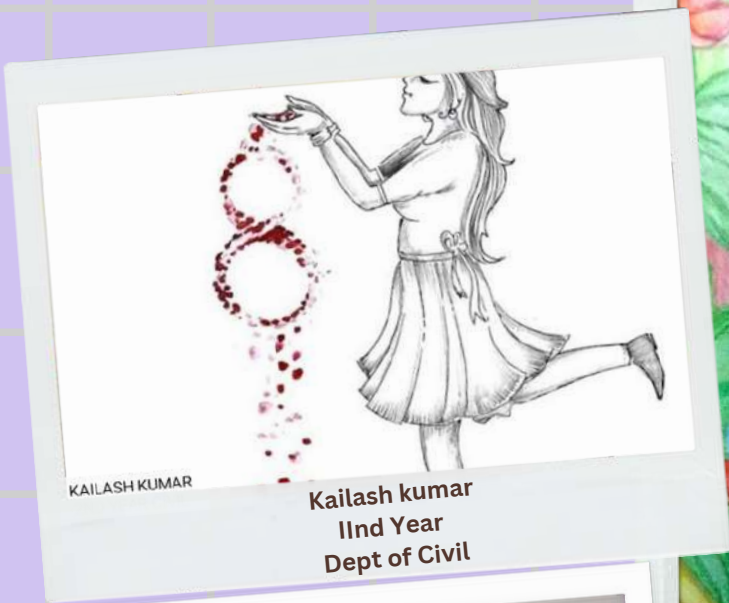
Dr. V. SHEELA MARY, Professor, Dept. of Management



மாற்றம்என்பதைத் தவிர அனைத்தும் மாறும்
நட்புஉடைந்து முகநூலானது.,
சுற்றம்உடைந்து வாட்சப் ஆனது.,
வாழ்த்துகள்உடைந்து ஸ்டேட்டஸ் ஆனது.,
களக்கரைஉடைந்து குளியலறை ஆனது.,
நெற்களம்உடைந்து கட்டமானது.,
காலநிலைஉடைந்து வெப்ப மயமானது.,
வளநிலம்உடைந்து தரிசாய் ஆனது.,
துணிப்பைஉடைந்து நெகிழியானது.,
அங்காடிஉடைந்து அமேசான் ஆனது.,
விளைநிலம்உடைந்து மனைநிலம் ஆனது.,
ஓத்தையடிஉடைந்து எட்டு வழியானது.,
கடிதம்உடைந்து இமெயிலானது.,
விளையாட்டுஉடைந்து வீடியோ கேம் ஆனது.,
புத்தகம்உடைந்து இ-புக் ஆனது.,
சோறுஉடைந்து 'ஓட்ஸ்' சாய்ப் போனது.,
இட்லிஉடைந்து பர்கர்ஆனது.,
தோசைஉடைந்து பிட்சாவானது.,
பசும்பால்உடைந்து பாக்கெட் ஆனது.,
வெற்றிலைஉடைந்து பீடாவானது.,
தொலைபேசிஉடைந்து கைபேசியானது.,
நூலகம்உடைந்து கூகுள் ஆனது.,
வங்கிஉடைந்து பேட்டிஎம்ஆனது.,
பொதுநலம் உடைந்து சுயநலமானது.,
பொறுமைஉடைந்து அவசரமானது.,
ஊடல்உடைந்து விவாகரத்தானது
நிரந்தரம்உடைந்து நிதர்சனம் ஆனது.,
ஆகையால்உடைவது உலகினில் நிரந்தரமானது.

முனைவர் பா சூர்யா
உதவிபேராசிரியர்/கட்டிடக்கலைத்துறை

Students' corner



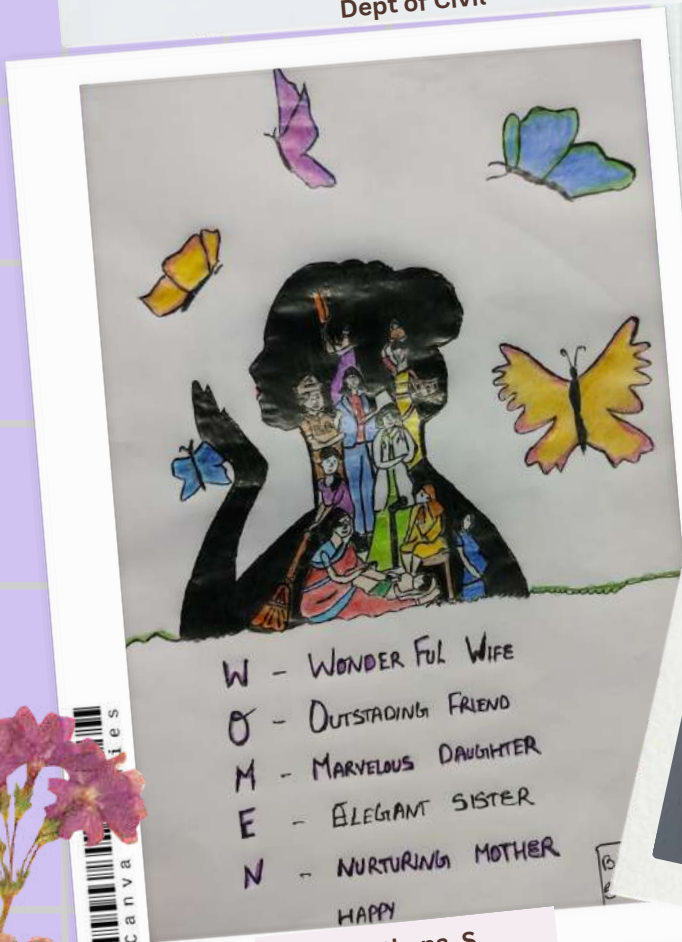
KAILASH KUMAR

Kailash kumar
IInd Year
Dept of Civil



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Sumit kumar
IVth Year
Dept of Bio Technology



W - WONDERFUL WIFE
O - OUTSTANDING FRIEND
M - MARVELOUS DAUGHTER
E - ELEGANT SISTER
N - NURTURING MOTHER
HAPPY

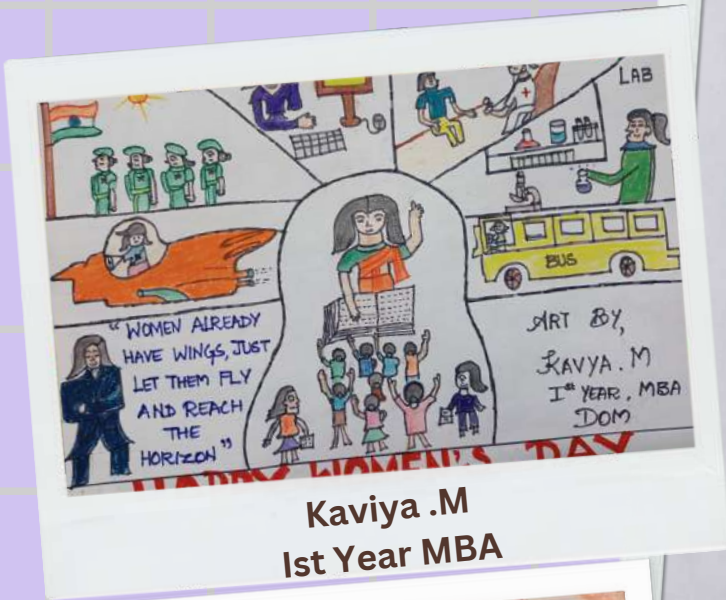
Keerthana .S
Ist Year
MBA



In this way, given I
touched the mark of heights
when my mother raised me
in her lap, I touched the
sky!!

Keerthana .S
Ist Year
MBA

Students' corner



Kaviya .M
Ist Year MBA



Sugasini L
III rd Year
Dept of Bio Medical



Nivetha K
I st Year MBA



Mohana Priya
Ist Year MBA



To all the beautiful women out there

Freedom isn't lie outside; it's actually an internal happiness where most of us try to identify ourselves in the form of kith & kin! More than half of the women generation swim in the same pool of water; maybe the troubles & depth vary!

The way we walk, we dress up, we smile aren't beauty; the real beauty is the way we deal tough situations, carry out & solve it intellectually, even more “the moment we rise again!” It's not just a come back; it's that, beginning again with experiences now!

Don't be a captive of your own thoughts; it may ruin your inner peace sometimes! Rather focus on how to be a courageous soul that neither finds consideration nor pity from others! Nobody can be a better advocate for one's own mistakes & can be a great motivator, I would say! The vibration we get from the outer source may lasts hardly for an hour whereas raising confidence from inner self after the troublesome moments, undoubtedly gains more & more “never give up attitude!”

Let our strength and confidence speak !

**by,
Kaviya D
2nd year Biotechnology**



The Rise of women Entrepreneurs

In Today's generation rapidly growing business industries, men have already made their mark in business by their innovative skills & critical thinking. Now women are also coming forward to make their mark in a path of women entrepreneurs with their innovative ideas & unwavering strength.

In this article, we look into the stories of inspiring women entrepreneurs who have faced the odds, overcome challenges and achieved remarkable success in their ventures. From tech start-up's to sustainable Fashion brands, women are leading the way with their creativity, hard work and spirit. Through their experiences, we can learn the importance of a strong support network from balancing both work and family life to overcome gender biased and hurdles.

Ultimately, "The Rise of Female Entrepreneurs" celebrates the remarkable achievements of women in entrepreneurship, inspiring readers to pursue their own entrepreneurial dreams and contribute to a more equitable and vibrant business industries.

**by
G DILIP KUMAR
BE Civil IInd Year**



கவிதை

பெண்ணே நீ!!

கலங்குவதற்காக பிறக்கவில்லை!!

கதிரவன்போல் ஒளிவீசுவதற்காக

பிறந்துள்ளாய்!!

மற்றவர்கள் நிழலில்.

நீவாழ பிறக்கவில்லை!! உன் நிழலில் மற்றவர்கள் வாழ

பிறந்துள்ளாய்

ஓர் ஆணுக்கு பின்னால்

பெண் என்பதற்காகவா

நீ பிறந்துள்ளாய்? இல்லை... ஓர் ஆணுக்கு நிகரானவள்

தான் பெண் என்பதற்காக

பிறந்துள்ளாய் என நினைவில் கொள்...

" பெண்கள் இல்லாத உலகில் அன்பு நிலைத்திருப்பதில்லை

அன்பு இல்லா உலகில் மனி மனிதன் வாழ்ந்திருப்பதில்லை"

ஆண்களான சுத்தி அத்தனையும் பெண்கள்

அன்பை பொழியும் அன்னையாகவும்... அறிவை

பெருக்கும் ஆசிரியையாகவும் ... அக்கறை செலுத்தும்

சகேதரியாகவும்...

தோழுமை காட்டும் தோழியாகவும்...

மனதோடு கரைந்துவிட்ட மனைவியாகவும்...

மகிழ்ச்சியை இறைக்கும் மகளாகவும்...

தந்தையான பின்பும் நம்மை.

குழந்தையாய் பார்க்கும் பாட்டியாகவும்...

ஆண்களை சுற்றி...

பல பருவங்களிலும் உருவங்களிலும் நிறைந்திருக்கும்

பெண்களை

போற்றுவோம்..

நன்றி

By

K.NITHYA SRI

BSC ANAESTHESIA TECHNOLOGY

IIInd YEAR SAHS

Reg no:3252210726

Editorial Board

Greetings !

A happy Women's Day wishes!

The editorial board of WEC takes great pleasure in welcoming all to the Sixth edition of the WEC newsletter "EVE CREA". From the inception of February, the board has been diligently working towards bringing out this newsletter which is holistic in capturing the spirit of WEC, AVIT.

The Newsletter is a stage to showcase the achievements of the women faculty and girls students in various aspects of academic, co-curricular and extra -curricular. It has been the tradition of WEC to honor women achievers in society who have immensely contributed to Society, Education, Literature, Fine Arts, Sports, Science and Technology. The board of members' award one candidate from the shortlisted candidates based on set criteria. Moreover, Exceptional mother awards are given to single mothers who toil hard to educate their children, after thorough scrutiny of the data collected. In addition, girl students are also recognized for their excellence in academics, co-curricular, extra -curricular and being brand ambassadors of empowered woman. The editorial board is proud to record in print the recipients for the year 2024 in all these categories.

The creativity of students and staff are given space in the newsletter, allowing them to express their thoughts and feelings through Art, poetry, short stories, articles etc, both in English as well as Tamil. The editorial board is astounded by the creative energy of the students and faculty and plans to provide a wider space for their works.

The anticipation of the editorial board that this newsletter is an ample proof of the present contributions of women to society and capabilities of the future women contributors of this society will be fulfilled as you turn its pages.

Thank you.

Wishing all the women out there a happy women's day and be unstoppable!!!!



Ms. Subathra M
AP/Biotech
AVIT



Dr. Jennifer G Joseph
HOD, H&S
Co-Coordinator, WEC



Dr.S.P.Sangeetha
Vice Principal (Academics)
Convener -WEC, AVIT