



**AARUPADAI VEEDU
INSTITUTE OF TECHNOLOGY**
OMR, PAIYANOR, CHENNAI - 603104



**VINAYAKA MISSION'S
RESEARCH FOUNDATION**
(Deemed to be University under section 3 of the UGC Act 1956)



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**INTERNAL COMPLAINTS COMMITTEE(ICC)
&
WOMEN EMPOWERMENT CELL(WEC)**

**ORGANIZED A ONE DAY WORKSHOP ON “SELF DEFENCE AND
SAFETY FOR WOMEN FACULTY MEMBERS AND STUDENTS” ON
29.8.2019**

A Workshop on Self defence was organized by the Internal Complaints Committee and the Women Empowerment Cell of AVIT on 29.8.2019. The government of India has enacted sexual harassment of women at workplace (Prevention, prohibition and redressal) act to provide a safe and secure environment to women at the workplace. As per this act all the organisations should have an Internal Complaints Committee by an order in writing for receiving complaints of sexual harassment. As per this law ICC was inaugurated in the AVIT campus to help the girl students and women faculty to have a secured work place.

Thus a workshop was organized on KARATE for the girl students and women faculty members. The chief guest of the day was Mr.Sensei.P.Arun Raj BSc., 3rd DAN Black belt and National Karate Coach in KAI. The Workshop started with a warm welcome to the chief guest followed by the Presidential address given by Dr.S.P.Sangeetha,VP Academics ,Coordinator-WEC. The Presiding Officer of the ICC Ms.Sangeetha, Assoc. Prof. Mechanical, briefed the gathering about the functions of ICC and also the student representatives of the ICC were introduced to the gathering. Later the Chief guest introduction was given by her and the session was handed over to the Karate masters. The students and staff members actively participated in the program and learnt about the basics and how to protect them when a unexpected situation comes. Around 76 girls participated and was benefitted by the workshop.



AVIT, OMR, Paiyanoor, Tamil Nadu, India

Longitude	Latitude	☀️
80.1794° E	12.6569° N	—° C
Thursday, 29, Aug, 2019		10:17 AM



AVIT, OMR, Paiyanoor, Tamil Nadu, India

Longitude	Latitude	☀️
80.1794° E	12.6569° N	—° C
Thursday, 29, Aug, 2019		10:25 AM



AVIT, OMR, Paiyanoor, Tamil Nadu, India

Longitude	Latitude	☀️
80.1794° E	12.6569° N	32° C
Thursday, 29, Aug, 2019		10:47 AM



AVIT, OMR, Paiyanoor, Tamil Nadu, India

Longitude	Latitude	☀️
80.1794° E	12.6569° N	33° C
Thursday, 29, Aug, 2019		11:12 AM



AVIT, OMR, Paiyanoor, Tamil Nadu, India

Longitude	Latitude	☀️
80.1794° E	12.6569° N	33° C
Thursday, 29, Aug, 2019		11:17 AM



AVIT, OMR, Paiyanoor, Tamil Nadu, India

Longitude	Latitude	☀️
80.1794° E	12.6569° N	33° C
Thursday, 29, Aug, 2019		12:10 PM