



**VINAYAKA MISSION'S  
RESEARCH FOUNDATION**  
(Deemed to be University under section 3 of the UGC Act 1956)



### 11 th International Yoga Day – Day 5

As part of the Silver Jubilee Year Celebrations of Vinayaka Missions Research Foundation (Deemed to be University), Chennai Campus Mass Yoga Programme on the International Day of Yoga (IDY) 2025 was organized on 21<sup>st</sup> June 2025 at 10:30 am at VMCC Indore Auditorium. A special yoga session was led by Thirumoolar Sathya, Founder Thiumoollar Foundation Nallur with 200 Students and 40 Faculty Members. Faculty Members and Students are Actively Participated in the programme.





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