



AVIT
AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY



**VINAYAKA MISSION'S
RESEARCH FOUNDATION**
(Deemed to be University under section 3 of the UGC Act 1956)



9th International Day of Yoga (IDY), 2023

The NSS Unit of AVIT ISR Cell (A Constituents College of VMRF-DU) Salem, Conducted 9th International Day of Yoga (IDY), 2023 to convey that the theme for IDY 2023 is “Yoga for Vasudhaiva Kutumbakam” which beautifully captures our shared aspiration for “One Earth, One Family, and One Future on 20.01.2023 & 21.06.2023 by 10.00 am at AV Campus .Resource Person for the program Yoga. Kalaimamani S.Lingeswaran Chief Yoga and Naturopathy Therapist.Sri Sai Ram Ayurveda medical College and Research centre Chennai &Kalaimamani K.Duraipandi Yoga Master AV Campus Yoga Trainer, Delivered Yoga awareness Speech & Yoga Training to the Volunteers and Participants. 25 NSS volunteers and 125 teaching and non-teaching staff were Participated and Benefited in this Programme.





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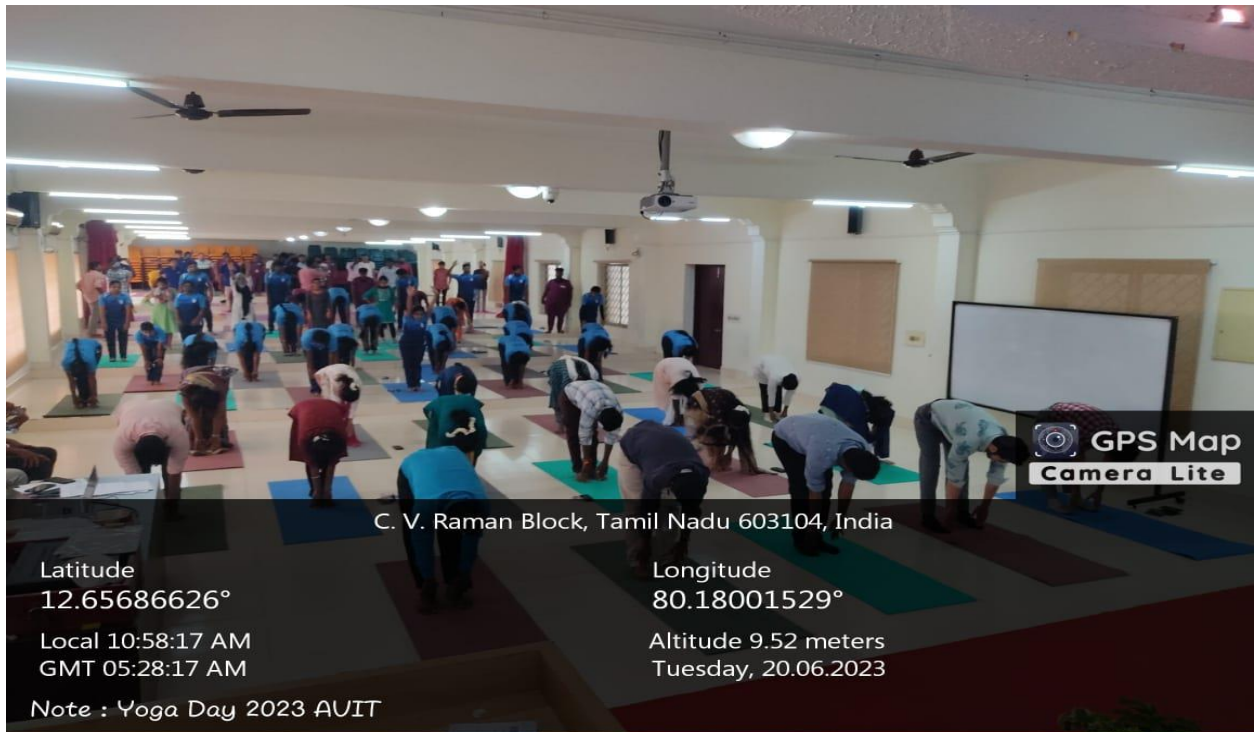




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GPS Map
Camera Lite

C. V. Raman Block, Tamil Nadu 603104, India

Latitude
12.65686626°

Longitude
80.18001529°

Local 10:58:17 AM
GMT 05:28:17 AM

Altitude 9.52 meters
Tuesday, 20.06.2023

Note : Yoga Day 2023 AVIT



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