



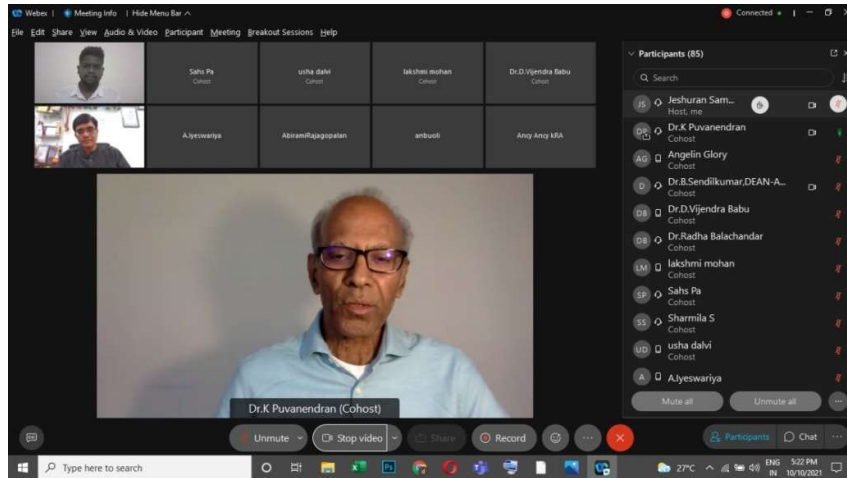
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AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY



**VINAYAKA MISSION'S  
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**WORLD MENTAL HEALTH DAY ON 10.10.2021**  
**REPORT**



School of Allied Health Sciences, Aarupadai Veedu Medical College, Department of Audiology and Speech Language Pathology in association with Department of Training and Placement conducted webinar on “Mental Health Day” on 10.10.2021.

The webinar started off with the welcome address by Dr. Sendilkumar- Dean SAHS and presided by Dr. M. Lakshminathan- Head Centre for Industry Relations followed by Principal address by Dr. Vijendra Babu- Vice Principal (Part Time Studies) and by Dr. Usha Dalvi- Prof. DASLP, Pondicherry. The session was taken over by

1. Dr. Kanagasabai Puvanendran- Consultant Neurodevelopmental Paediatrician, National Health Services, England, UK- He explained about having a stable mental health during the pandemic times and how his methodology have helped many children to overcome autism.
2. Ms. Sharmila.S- Counselor & Special Educator, Pinnacle Learning Intervention & Counseling- She spoke about the mental dieting and importance of staying in mental diet.
3. Dr. R. Radha Balachandar-Director- Kids Care Rehab Center, Chennai, India- She spoke about having positive approach towards life and staying in positive mindset will help people to overcome all the difficulties in life.

The webinar ended with Vote of Thanks by Mr. Jeshuran Samuel- Assistant Placement Officer. The webinar consisted of 85 participants and it benefited all the participants for staying in mental health during the pandemic.