



VINAYAKA MISSION'S
RESEARCH FOUNDATION
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AVIT
AARUPADAI VEEDU INSTITUTE OF TECHNOLOGY



ATAL Academy Sponsored
Two Weeks (Hybrid)
Faculty Development Program on



Digital Twin for Electric Vehicles

Offline Sessions : September 19-23, 2022

Day - 5  **23** **2022**  **9.00-11.00** **IST**
A.M. A.M.



Session on
Stress & Time Management

Dr. G. Selvakumar
Principal
Aarupadai Veedu Institute of Technology



Dr. G. Selvakumar, Principal, AVIT

Coordinator : **Dr. L. Chitra**, Prof. & Head, EEE, AVIT

Co-coordinator : **Mr. S. Prakash**, AP(Gr-II)/EEE

Organised by
Department of Electrical and
Electronics Engineering, AVIT