

**GENDER SENSITIZATION CELL**  
**Seminar on Way to Healthy Living**  
**30<sup>th</sup> August 2013**  
**REPORT**

AVIT-Gender Sensitization Cell has organized a seminar on Way to Healthy Living on 13<sup>th</sup> August 2013, which was held in our college auditorium.

Principal, Vice Principal, Senior Professors, Heads of Department, Faculty members were present during the program. III year UG students M.B.A, MCA students and all NSS volunteers had attended in the programme.

Prof. Jenifer Joseph welcomed and introduced the chief guest. Our Principal Dr. J. Shanmugam gave the felicitations.

The chief guest Prof. Sripriya, Head, Patient Education, Agada Health Care Pvt. Ltd. has given a wonderful presentation on Way to Healthy Living. She interacted with the students and explained about healthy diet, causes of diabetes and importance of doing exercise. Prof. L.K. Hema proposed the vote of thanks. Handout about "Tips to Healthy Life" is distributed to all the participants